

Behavioral Health

Quick Reference Guide for Recruiters

Virtual Support from MCRDSD Behavioral Health

Community Counseling Program

Non-judgmental, evidence-based, confidential counseling services for individuals, couples, and families.

619-725-6377

sandiego.usmc-mccs.org/ccp

Substance Assessment and Counseling Center

Provides awareness, prevention, and direct care and coordination related to substance misuse. We welcome self referrals for assessment.

619-524-1912

sandiego.usmc-mccs.org/sacc

Family Advocacy Program

Addresses domestic violence, child abuse, and problematic sexual behavior in children and youth through prevention, identification, and services including case management, counseling, and advocacy.

619-524-0465

sandiego.usmc-mccs.org/fap

New Parent Support Program

In-home virtual services and support for families expecting a child or who have a child 5 or younger.

619-524-0465

sandiego.usmc-mccs.org/npsp

Sexual Assault Response Coordinator

Serves as a subject matter expert on sexual assault prevention and response for the Western Recruiting Region and coordinates 24/7 victim care and case management for victims of sexual assault.

619-718-3762

sandiego.usmc-mccs.org/sapr

Hotline & Emergency Numbers for the Western Recruiting Region

Suicide Prevention & Mental Health Crisis Lifeline

988

24/7 Domestic Violence Advocate Helpline

619-279-6113

24/7 SAPR Helpline:

619-846-6040

Additional Counseling Resources

Virtual and/or in-person availability varies by location.

Tricare

Medical-level counseling services for active duty and dependents. Active duty must receive a referral for services; dependents can access directly.

tricare.mil

Military One Source

Free short term, solution-focused, confidential, non-medical counseling services.

800-342-9647

Vet Centers and Mobile Vet Centers

A MOU between the USMC and the Department of Veterans Affairs allows Vet Centers to provide in-person or virtual treatment and referrals for USMC Recruiters.

1-877-WAR-VETS

Cohen Clinics

Provide in-person or virtual community-based counseling services and support.

cohenveteransnetwork.org

The Headstrong Project

Barrier-free, stigma-free trauma-related mental health treatment for service members and their families.

theheadstrongproject.org

Give an Hour

Civilian mental health providers who donate time to provide free and confidential counseling services for service members and their families.

giveanhour.org

Note: not all additional resources are federally endorsed.



MARINE
&
Family

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Marine and Family Life Counselor (MFLC) Support By State

State	MFLC (Phone)
Washington	(571) 921-5381
Oregon	(571) 519-4034
California	(571) 833-8673
	(619) 616-6792
	(619) 318-7964
Idaho	(208) 748-8129
Nevada	(571) 619-4376
Utah	(801) 644-0493
Arizona	(480) 273-7901
Montana	(406) 788-8061
Wyoming	(307) 369-3078
Colorado	(719) 433-2671
New Mexico	(505) 440-2481
North Dakota	(701) 405-5894
South Dakota	(605) 858-5166
Nebraska	(402) 690-1509
Kansas	(571) 497-9321
Oklahoma	(405) 492-8306
Texas	(713) 261-4194
Minnesota	(571) 921-5424
Iowa	(571) 456-2771
Missouri	(571) 250-9448
Wisconsin	(608) 215-3037
Michigan	Pending
Illinois	(618) 671-2302
Indiana	(317) 657-0309

OCONUS

Okinawa	81-080-4366-9830
Guam	(671)-480-4760
American Samoa	(571) 626-9829
Alaska	(907) 616-1688
Hawaii	(571) 626-9829



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