

Exceptional Family Member Program National Resources:

Advocacy

Resource	Phone Number	Website
Disability Rights Advocates	510-665-8644 (fax) 510-665-8644 (voice)	http://www.dralegal.org
Easterseals	1-800-221-6827	http://www.easterseals.com
National Adult Protective Services Association	202-370-6292	http://www.napsa-now.org
National Alliance on Mental Illness (NAMI)	800-950-6264	http://www.nami.org
Wright's Law		http://www.wrightslaw.com

Allergies

Resource	Phone Number	Website
National Institutes of Health (NIH)	301-496-4000	http://www.nih.gov/

Attention-Deficit/Hyperactivity Disorder (ADHD)

Resource	Phone Number	Website
American Academy of Child & Adolescent Psychiatry	202-966-7300	http://www.aacap.org/AACAP/Families_and_Youth/Resource_Centers/ADHD_Resource_Center/Home.aspx
CHADD The National Resource on ADHD	301-306-7070	http://www.help4adhd.org/
CHADD Resource Directory		http://www.chadd.org/Support/Directory.aspx?state=111111

Exceptional Family Member Program National Resources:

Autism

Resource	Phone Number	Website
Autism Society	1-800-328-8476	http://www.autism-society.org/ Email: info@autism-society.org
Autism Speaks	888-288-4762	http://www.autismspeaks.org/ Email: familyservices@autismspeaks.org
IDEA That Works		https://osepideasthatwork.org/
National Autism Association	1-877-622-2884	http://nationalautismassociation.org/?gclid=CNSTgZXGhr4CFe99OgodE38AIA
National Autism Center (NAC)	1-877-313-3833	http://www.nationalautismcenter.org/resources/
Partnerships for Action, Voices for Empowerment (PAVE)	253-565-2266	http://wapave.org/
The Arc Autism Now	202- 600-3480 1-855-828-8476	http://autismnow.org/
Tricare Autism Care Demonstration		https://www.tricare-west.com/content/hnfs/home/tw/prov/autism-care-demonstration.html

Cancer

Resource	Phone Number	Website
American Cancer Society	1-800-227-2345	http://www.cancer.org
Brain Tumor Association	1-800-866-2282 773-577-8759	www.abta.org
Cleaning for a Reason	1-877-337-3348	http://www.cleaningforareason.org/
Leukemia & Lymphoma Society	1-800-955-4572	www.lls.org
Mayo Clinic	1-877-858-0398 (Online Services)	www.mayoclinic.com
Susan G. Komen	1-877-465-6636	http://ww5.komen.org/

Exceptional Family Member Program National Resources:

Cerebral Palsy

Resource	Phone Number	Website
American Academy for Cerebral Palsy and Developmental Medicine	414-918-3014	www.aacpdm.org
Cerebral Palsy International Research Foundation	212-520-1686	http://www.cpirf.org/
National Institute of Neurological Disorders and Stroke	1-800-352-9424	www.ninds.nih.gov/
United Cerebral Palsy (UCP)	1-866-872-1692	https://ucp.org/

Delayed Milestones

Resource	Phone Number	Website
Administration on Developmental Disabilities	202-690-6590	https://acl.gov/about-acl/administration-disabilities
American Speech, Language and Hearing Association	1-800-638-8255 1-800-498-2017	http://www.asha.org/
First Signs	firstsigns@gmail.com	www.firstsigns.org
March of Dimes	1-888-663-4637	http://www.modimes.org/
National Center for Learning Disabilities	301-966-2234	http://www.nclld.org/
Zero to Three	(202) 638-1144 800-899-4301	www.zerotothree.org

Exceptional Family Member Program National Resources:

Diabetes

Resource	Phone Number	Website
American Diabetes Association	1-800-342-2383	https://www.diabetes.org/

Down Syndrome

Resource	Phone Number	Website
National Down Syndrome Congress	1-800-232-6372	http://www.ndscenter.org/
National Down Syndrome Society	1-800-221-4602	http://www.ndss.org/

Education/Special/Education/Schools-based Services

Resource	Phone Number	Website
Department of Education	1-800-872-5327	www.ed.gov
DODEA Department of Defense Education Activity	https://www.dodea.edu/newsroom/contact.cfm	https://www.dodea.edu/index.cfm
Military Child Education Coalition	254-953-1923	www.militarychild.org

Epilepsy

Resource	Phone Number	Website
Epilepsy Foundation	1-800-332-1000 (English) 1-866-748-8008 (Spanish) 301-459-3700 (National Office)	www.epilepsy.com

Exceptional Family Member Program National Resources:

Fibromyalgia

Resource	Phone Number	Website
American Chronic Pain Association	913-991-4740	https://www.acpanow.com
National Fibromyalgia & Chronic Pain Association	nfa@fmaware.org	https://www.fmaware.org/

Hearing Loss

Resource	Phone Number	Website
American Speech-Language-Hearing Association	1-800-638-8255 (TTY) 301-296-5650	http://www.asha.org/
Alexander Graham Bell Association for the Deaf and Hard of Hearing	202-337-5220 (TTY) 202-337-5221	www.agbell.org
Laurent Clerc National Deaf Education Center		https://clerccenter.gallaudet.edu/
My Baby's Hearing		https://www.babyhearing.org/
National Institute on Deafness and Other Communication Disorders	1-800-241-1044 (TTY) 1-800-241-1055	https://www.nidcd.nih.gov/

Independent Living/Mobility

Resource	Phone Number	Website
National Counsel on Independent Living	1-844-778-7961 202-207-0334	www.ncil.org

Exceptional Family Member Program National Resources:

Mental Emotional Behavioral Health

Resource	Phone Number	Website
Anxiety and Depression Association of America (ADAA)	240-485-1001	http://www.adaa.org/
National Alliance on Mental Illness (NAMI)	1-800-950-6264 703-524-7600	http://www.nami.org/#

Muscular Dystrophy

Resource	Phone Number	Website
Muscular Dystrophy Association	1-800-572-1717	www.mda.org
National Institute for Neurological Disorders and Stroke	1-800-352-9424	www.ninds.nih.gov

Rett Syndrome

Resource	Phone Number	Website
International Rett Syndrome Foundation	1-800-818-7388	http://www.rettysyndrome.org

Recreation

Resource	Phone Number	Website
Move United	301-217-0960	https://moveunitedsport.org
Special Olympics USA	1-800-700-8585 1-202-638-3630	http://www.specialolympics.org/Games/2014_USA_Games.aspx

Exceptional Family Member Program National Resources:

Spina Bifida

Resource	Phone number	Website
Spina Bifida Association of America	1-800-621-3141	http://www.spinabifidaassociation.org

***Please contact your EFMP Family Case Worker for any additional information or resources not included on this list.**

***Resources updated every 6 months; please notify us of any changes or issues**